



Winter 2024

# ASAP NEWSLETTER

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## FAMILY SUPPORT OPPORTUNITIES



### Family Support Meeting

**WHAT:** Managing Refusals  
**DATE:** Tuesday, January 14th 2023  
**WHEN:** 5:30-6:30 pm  
**WHERE:** In person- Autism Services And Programs  
4940 Ward Road, Wheat Ridge CO 80033  
**ONLINE:** Zoom Link: Please RSVP at [chanelbcba@asapsperry.com](mailto:chanelbcba@asapsperry.com)  
**WHO:** Parents, caregivers, guardians, BCBA's, BCaBA's, RBT's, other direct care staff  
**Our Guest Speaker- Dr. Laurie Sperry, Phd, BCBA-D**

**No!!**



### Women's Support Group

ASAP is pleased to announce the launch of our Women's Support Group. At ASAP, we provide individualized, person-centered treatment for our clients. We hope to provide a space for women on the Autism Spectrum to engage and learn with peers.

If you or someone you know is interested in the Women's Support Group, please reach out to Lydia "Chanel" Renfro @ [chanelbcba@asapsperry.com](mailto:chanelbcba@asapsperry.com)

COMING  
SOON

### Sibling Support Group

ASAP is pleased to announce the launch of our Sibling Support Group. At ASAP, we provide individualized, person-centered treatment for our clients. One essential element of an effective treatment package is focusing on the family unit. The Sibling Support Group provides a safe space for siblings to:

1. Express themselves and the challenges they face concerning their siblings' diagnosis
2. Learn about what ASD is and what it is not
3. Develop self-advocacy skills
4. Identify values and develop boundary-setting skills to promote healthy sibling interactions.
5. Develop an understanding of ABA therapy and how it supports their sibling
6. Identify and learn to utilize basic behavioral strategies to promote healthy sibling interactions

And much more! This group currently meets once a month for 1 hour. Light refreshments are provided. If you are interested in the Sibling Support Group, please reach out to Lydia "Chanel" Renfro @ [chanelbcba@asapsperry.com](mailto:chanelbcba@asapsperry.com)



### Free Events Near You

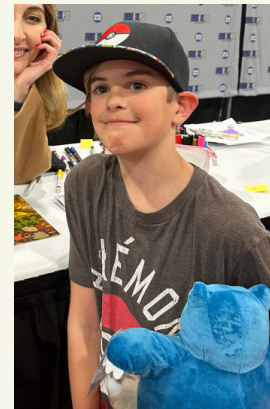
Are you looking for free events in the Denver area for you and your family? See the link below for a list of several free opportunities including free days to access the Denver Zoo, Nature and Science Museum, and more!!!

<https://www.milehighonthecheap.com/free-museum-days-denver/>

**FREE**



# SUPPORT ★ ★ SUPPORT



**Who:** The Amazing Nohl/Weindorfs, the ASAP Team and its families, and everyone in between!

**What:** Blankets and Coats/Winter Layers (new or gently used)

**When:** Between now and January 5th

**Where:** Donations can be dropped off at the ASAP building 4940 Ward Rd. (there will be a bin in the front entryway to collect)

## *Nohl's Blanket Drive*

*Please donate new and gently used coats and blankets.  
We will be giving them to The Rising, an Arvada Homeless charity.*



*If you have any questions call or email: Lauren Johnston  
281-728-8114 / lajohnston726@gmail.com*

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**THE BLANKET/COAT DRIVE WILL BE EXTENDED TO JANUARY 22, 2024.**

## OTHER HAPPENINGS

### **Teen Social Skills Group (Ages 14-18)**

**In person:** 4940 Ward Rd Wheat Ridge, CO 80033

**Zoom:** <https://us02web.zoom.us/j/84511573809>

Please reach out to Dr. Laurie Sperry for more information about our “Teen Social Group” at [drsperry@asapsperry.com](mailto:drsperry@asapsperry.com)

### **Tween Social Group (Ages 9-13; Tuesdays):**

**In-person:** 4940 Ward Rd Wheat Ridge, CO 80033

Please reach out to Lydia “Chanel” Renfro for more information about our “Tween Social Group” (at [chanelbcba@asapsperry.com](mailto:chanelbcba@asapsperry.com))

### **Adult Social Group” (Ages 18 +; Alternating Mondays):**

**In-person:** 4940 Ward Rd Wheat Ridge, CO 80033

**Zoom:** [meet.google.com/ngj-thjs-zsn](https://meet.google.com/ngj-thjs-zsn) (through 2/12); [meet.google.com/hpm-zzvp-yjh](https://meet.google.com/hpm-zzvp-yjh) (remaining meetings)

1/15/2024

1/29/2024

2/12/2024

3/4/2024

3/18/2024

4/1/2024

4/15/2024

4/29/2024

5/13/2024

5/27/2024

Please reach out to Dr. David Gavisk for more information about our “Adult Social Group” (at [drgavisk@asapsperry.com](mailto:drgavisk@asapsperry.com))



**THANKS FOR CHECKING IN WITH US.  
WE WILL BE BACK SOON WITH THE LATEST!!!**

